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5 questions in 5 minutes . . . all about NYC

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location. If you get a place that is cheaper, but really far away from the subway, with no laundry, and no place to buy groceries, you could wind up spending more. Walk-ups aren't necessarily cheaper than newer buildings if the newer buildings are up to code, have energy efficient appliances and have lower heating and cooling costs. A lot of companies really want to fill those newer buildings, too, so you may be able to negotiate a lower price. Ask for a discount. Ask for something!

What would you most like to see accomplished in New York City?

I want the Union Square Greenmarket extended to every day.

If farmers were in Union Square every day, when would they plant and harvest the produce?

They could get more farmers: They could rotate! More farmers and more opportunity.

As a vegan and financial journalist, do you make a

cost-saving case for vegetarianism?

Fresh produce helps cut colds, obesity and disease and lowers medical bills while helping the local economy. Also, when you're buying fresh produce, you're using cash, which is a great way to limit yourself from spending too much. And you're interacting with your community.

Housing is such a big nut for New Yorkers. Any ideas on how to cut costs there?

Everyone says that real estate is about location, location,

Any other money saving tips?

I love nycgo.com — there's a cultural calendar and you can plan free stuff months in advance.

(SHEILA ANNE FEENEY)