

# MY LBD

LITTLE BUDGET DIARY



# MY GOALS

## ONE-YEAR

1.

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## THREE-YEAR

1.

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## FIVE-YEAR

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**SEVEN-YEAR**

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**TEN-YEAR**

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# FINANCIAL SNAPSHOT

## MONTHLY INCOME

Salary: \$ \_\_\_\_\_

Investment Income: \$ \_\_\_\_\_

Additional Income: \$ \_\_\_\_\_

**TOTAL MONTHLY INCOME: \$ \_\_\_\_\_**

## ASSETS

### CURRENT ASSETS:

Checking Account: \$ \_\_\_\_\_

Savings Account: \$ \_\_\_\_\_

Money Market Account: \$ \_\_\_\_\_

Short-Term CDs: \$ \_\_\_\_\_

### NON CURRENT ASSETS:

Long-Term CDs: \$ \_\_\_\_\_

Stocks & Bonds: \$ \_\_\_\_\_

Retirement Account: \$ \_\_\_\_\_

Owned Home: \$ \_\_\_\_\_

Owned Vehicle: \$ \_\_\_\_\_

Jewelry, Art, Etc.: \$ \_\_\_\_\_

**TOTAL ASSETS: \$ \_\_\_\_\_**

## LIABILITIES

### CURRENT LIABILITIES:

Credit Card Debt: \$ \_\_\_\_\_

### LONG-TERM LIABILITIES:

Mortgage: \$ \_\_\_\_\_

Student Loans: \$ \_\_\_\_\_

Auto Loans: \$ \_\_\_\_\_

Other Loans: \$ \_\_\_\_\_

**TOTAL LIABILITIES: \$ \_\_\_\_\_**

**Total Assets - Total Liabilities = Net Worth: \$ \_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# JANUARY

## GOALS FOR THIS MONTH

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## NOTES

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# ESSENTIALS

Jot down all of your spending throughout the day...then add it up at the end of the month!

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LITTLE BUDGET DIARY

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**

## ENDGAME

Jot down all of your savings...then add it up at the end of the month!

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## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**

## **EXTRAS**

Jot down all of your spending throughout the day...then add it up at the end of the month!

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**N.**

**LITTLE BUDGET DIARY**

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## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# FEBRUARY

## GOALS FOR THIS MONTH

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## NOTES

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## ESSENTIALS

Jot down all of your spending throughout the day...then add it up at the end of the month!

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**

**ENDGAME**

Jot down all of your savings...then add it up at the end of the month!

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## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**



## EXTRAS

Jot down all of your spending throughout the day...then add it up at the end of the month!

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## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# MARCH

## GOALS FOR THIS MONTH

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**

## ENDGAME

Jot down all of your savings...then add it up at the end of the month!

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## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**

## **EXTRAS**

Jot down all of your spending throughout the day...then add it up at the end of the month!

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## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# APRIL

## GOALS FOR THIS MONTH

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## NOTES

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**ESSENTIALS**

Jot down all of your spending throughout the day...then add it up at the end of the month!

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**

## ENDGAME

Jot down all of your savings...then add it up at the end of the month!

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## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**

EXTRAS

Jot down all of your spending throughout the day...then add it up at the end of the month!

Lined writing area with 21 horizontal lines for recording expenses.

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**LITTLE BUDGET DIARY**

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## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**



# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# MAY

## GOALS FOR THIS MONTH

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_



**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**











## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# JUNE

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# JULY

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**











## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***



# AUGUST

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# SEPTEMBER

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# OCTOBER

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**











## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# NOVEMBER

## GOALS FOR THIS MONTH

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**













## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**

# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

# DECEMBER

## GOALS FOR THIS MONTH

1.

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2.

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3.

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## NOTES

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## ESSENTIALS

Add up all of your spending in each category to calculate totals for the month.

### LIVING:

Mortgage or rent: \$ \_\_\_\_\_  
Real estate taxes: \$ \_\_\_\_\_  
Home repairs/maintenance: \$ \_\_\_\_\_  
Home improvements: \$ \_\_\_\_\_

### UTILITIES:

Electric: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Water: \$ \_\_\_\_\_  
Phone: \$ \_\_\_\_\_  
Internet: \$ \_\_\_\_\_  
Cable: \$ \_\_\_\_\_

### FOOD:

Groceries: \$ \_\_\_\_\_  
Takeout: \$ \_\_\_\_\_

### TRANSPORTATION:

Car payment: \$ \_\_\_\_\_  
Gas: \$ \_\_\_\_\_  
Fees/routine maintenance/repairs: \$ \_\_\_\_\_  
Public transportation/taxis: \$ \_\_\_\_\_

**INSURANCES:**

Health Insurance: \$ \_\_\_\_\_  
Life Insurance: \$ \_\_\_\_\_  
Homeowner's/renter's Insurance: \$ \_\_\_\_\_  
Auto Insurance: \$ \_\_\_\_\_

**APPEARANCE:**

Necessary clothing/accessories: \$ \_\_\_\_\_  
Necessary grooming: \$ \_\_\_\_\_

**HOME REQUIREMENTS:**

Misc. household items (light bulbs, cleaning, etc.): \$ \_\_\_\_\_

**TOTAL ESSENTIAL EXPENSES: \$ \_\_\_\_\_**













## ENDGAME

Add up all of your savings in each category to calculate totals for the month.

### RETIREMENT:

401(K): \$ \_\_\_\_\_  
Roth IRA: \$ \_\_\_\_\_  
Other retirement savings: \$ \_\_\_\_\_

### HOME:

Upgrading/downgrading home: \$ \_\_\_\_\_

### EDUCATION:

Master's Degree, continued education: \$ \_\_\_\_\_

### CAREER CHANGE:

Networking events, seed money: \$ \_\_\_\_\_

### CHILDREN:

Basic expenses: \$ \_\_\_\_\_  
Education: \$ \_\_\_\_\_

**TOTAL ENDGAME EXPENSES: \$ \_\_\_\_\_**











## EXTRAS

Add up all of your spending in each category to calculate totals for the month.

### GOING OUT:

Restaurants: \$ \_\_\_\_\_

Bars: \$ \_\_\_\_\_

### ENTERTAINMENT:

Movies: \$ \_\_\_\_\_

Museums/other cultural activities: \$ \_\_\_\_\_

### VACATIONS/TRAVEL:

Flights: \$ \_\_\_\_\_

Hotels: \$ \_\_\_\_\_

Other travel expenses: \$ \_\_\_\_\_

### WARDROBE:

Non-essential clothing and accessories: \$ \_\_\_\_\_

### BEAUTY:

Mani/pedi: \$ \_\_\_\_\_

Salon visits: \$ \_\_\_\_\_

### FITNESS:

Gym membership: \$ \_\_\_\_\_

Fitness classes (yoga, spin, etc.): \$ \_\_\_\_\_

**TOTAL EXTRAS EXPENSES: \$ \_\_\_\_\_**



# RECAP

## HOW DID YOU DO THIS MONTH?

### THE ESSENTIALS:

Total spending: \$\_\_\_\_\_

### THE ENDGAME:

Total saving: \$\_\_\_\_\_

### THE EXTRAS:

Total spending: \$\_\_\_\_\_

**TOTAL EXPENSES: \$\_\_\_\_\_**

**Total monthly income - total expenses = : \$\_\_\_\_\_**

*Positive Number = In the **black!***

*Negative Number = In the **red!***

**N I C O L E . L A P I N**

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